

SOUTH WEST VETS AC

TRACK & FIELD CHAMPIONSHIP RECORDS

Last updated 20 October 2009

400 m

M40	51.9	Alan Clark	1992
M45	53.7	Steve Lang	2002
M50	55.1	Bob Minting	2000
M55	57.7	Bob Minting	2007
M60	64.6	Lyndsey Fairbrother	2005
M65	66.3	Lyndsey Fairbrother	2006
M70	76.1	William Davies	2001
M75	81.4	Ronald Atherton	2001
W35	59.7	Jan Ellacott	1996
W40	62.9	Jackie Walpole	1994
W45	64.2	Barbara Lock	2004
W50	66.1	Barbara Lock	2005
W55	77.2	Jill Kershaw	2006
W60	115.9	Jenny Kelson	1992
W70	99.1	Jose Waller	1995
W75	108.7	Jose Waller	1997
W80	148.4	Jose Waller	2002